

Compendium of IMAGINE Tools

The goal of the Inspiring Married Adolescents to Imagine New Empowered Futures (IMAGINE) project is to design and test interventions that hold promise for delaying the timing of first birth among married adolescents (ages 15-19) in Niger and Bangladesh. IMAGINE uses a holistic approach that combines education on reproductive health, business skills, and life skills for married and unmarried adolescent girls and husbands, as well as health provider training on adolescent and youth-friendly health services, community dialogue sessions to address harmful social norms impacting adolescent childbearing, and income-generating opportunities so that motherhood is not girls' only option. Activities are designed to inform and equip girls while engaging families and communities and influencing systems to create a better environment for girls to exercise their rights and make decisions about their health and lives.

This compendium contains key resources in the following areas:

- Curricula
- Tools, Trainings, and Approach
- Project Briefs, Articles, and Blog Posts

These are available for project implementors, donors, government leaders, and the broader public to use to learn more about the IMAGINE project and explore and adapt its tools and approaches. Each section of this document shares key project resources, the languages used in each resource, and a short objective or list of topics covered. For a complete list of all project resources, please visit www.care.org/IMAGINE

For more information about IMAGINE, please contact Anne Laterra at Anne.Laterra@care.org.

Please Note: Tools highlighted in red are in progress and will be uploaded as they are finalized.

Project Curricula

Primary Audience: *project implementors working with adolescent girls, men and boys, couples, or health workers*

Overview: *The following table lists key IMAGINE project implementation tools and curricula, organized by facilitator (project staff vs. peer leaders).*

Resource	Language	Topics covered	Audience	Area(s) tested
<i>Curricula used by project staff</i>				
Girls' Collective Facilitator Manual	French, English, Bengali,** Hausa**	<ul style="list-style-type: none"> • Puberty, fertility, contraception, and healthy relationships • Gender and social norms • Life skills and action planning 	Married and unmarried adolescent girls 15-19	Zinder, Niger Rangpur, Bangladesh

		<ul style="list-style-type: none"> • Entrepreneurship, financial literacy, and business planning 		
<p>Fada* Facilitator Manual</p> <p><i>*Men's social groups</i></p>	French, English, Hausa**	<ul style="list-style-type: none"> • Puberty, fertility, contraception, and healthy relationships • Gender, social norms, masculinities • Life skills and action planning • Entrepreneurship, financial literacy, and business planning 	Men and boys	Zinder, Niger
Reflective Dialogues for Health Workers: Family Planning Counseling and Adolescent and Youth Friendly Services	French, English, Bengali**	<ul style="list-style-type: none"> • Adolescent and youth-friendly services • Rights-based family planning counseling • Gender and social norms reflective dialogues • Family planning methods review • Action planning 	Health workers	Zinder, Niger Rangpur, Bangladesh
In Mata Masu Dubara (IMMD): Manuel de Mise en Place et de Formation d'Associations d'Epargne et de Cr�dit pour Adolescentes (AECA)	French	<ul style="list-style-type: none"> • Overview of personal finance (savings, loans, etc.) • Conflict management • YSLA/MMD group management and procedures 	Married and unmarried adolescent girls 15-19	Zinder, Niger
Counseling Guide for Newly Married Couples	English** Bengali**	<ul style="list-style-type: none"> • Puberty, fertility, contraception, and healthy relationships • Gender, social norms • Life skills • Household budgeting 	Newly married couples, with opportunities for participation from mother-in-laws and other family members	Rangpur, Bangladesh
Prosperous Futures Board Game: Facilitator Edition	French, English	<ul style="list-style-type: none"> • Prosperous Futures Board game materials and guided discussion guide for exploring the financial impact of early childbearing 	Adolescent girls 15-19, men, and boys, couples	Zinder, Niger Rangpur, Bangladesh

<i>Curricula used by peer leaders and adapted for low literacy contexts</i>				
Girls' Collective Peer Leader Manual	French, English Hausa**	<ul style="list-style-type: none"> • Puberty, fertility, contraception, and healthy relationships • Gender and social norms • Life skills and action planning • Entrepreneurship, financial literacy, and business planning 	Married and unmarried adolescent girls 15-19	Zinder, Niger Rangpur, Bangladesh
Fada* Peer Leader Manual <i>*Men's social groups</i>	French, English, Hausa**	<ul style="list-style-type: none"> • Puberty, fertility, contraception, and healthy relationships • Gender, social norms, masculinities • Life skills and action planning • Entrepreneurship, financial literacy, and business planning 	Men and boys	Zinder, Niger
Prosperous Futures Board Game: Girls' Collective Peer Leader Edition	French, English, Hausa**	<ul style="list-style-type: none"> • Prosperous Futures Board game materials and guided discussion guide for exploring the financial impact of early childbearing, adapted for use in low literacy contexts by Girls' Collectives 		
Prosperous Futures Board Game: Fada Peer Leader Edition	French, English, Hausa**	<ul style="list-style-type: none"> • Prosperous Futures Board game materials and guided discussion guide for exploring the financial impact of early childbearing, adapted for use in low literacy contexts by men and boys' social clubs 	Adolescent girls 15-19, men, and boys, couples	Zinder, Niger

****Available upon request**

Tools, Trainings, and Approach

Primary Audience: *Project implementors working with adolescent girls, men and boys, couples, or health workers*

Overview: *The following table lists key IMAGINE tools, trainings, and technical approach documents.*

Resource	Language	Description	Area(s) Tested
IMAGINE: Implementation Learning Tools	English, French	<ul style="list-style-type: none"> Technical tool used as part of IMAGINE's adaptive management approach, for use by project staff 	Zinder, Niger Rangpur, Bangladesh
When Theory Meets Practice: An Applied Approach and Tool for Adaptive Management	English	<ul style="list-style-type: none"> Overview of the IMAGINE project's adaptive management approach 	Zinder, Niger Rangpur, Bangladesh
Peer leader approach and training package	English Individual French tools available upon request	<ul style="list-style-type: none"> The peer leader approach and training package includes: <ul style="list-style-type: none"> Overview of girls' collective and fada peer leader approach, including its mentorship component Peer leader selection activity Supportive supervision tool Copies of peer leader training Powerpoints Copy of mentorship workbook for field staff to use in partnership with adolescent peer leaders Annexed copies of mentor training powerpoints 	Zinder, Niger Rangpur, Bangladesh
"Do No Harm": GBV Prevention	English Individual French tools available upon request	<ul style="list-style-type: none"> A 2-hour training to build adolescent peer leaders' capacity to "look, listen, and link" for GBV services; includes 1-page resource sheet Annexed resources for half-day training for field staff Standard operating procedures for field staff GBV Documentation forms 	Zinder, Niger Rangpur, Bangladesh

Project Briefs, Articles, and Blog Posts

Primary Audience: Donors, government stakeholders, and project implementors

Overview: The following table lists key IMAGINE briefs, articles, and blog posts sharing information on IMAGINE's baseline research, project approach, and learnings.

Resource	Language	Description
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<i>Journal Articles</i>		
"It is a thing that depends on God": Barriers to delaying first birth and pursuing alternative futures among newly married adolescent girls in Niger	English	<ul style="list-style-type: none"> Analysis of formative evaluation results in Niger, with attention to the social, cultural and structural reasons why girls continue to get pregnant at such early ages, in order to design a targeted intervention to help girls pursue better futures.
Understanding individual, family and community perspectives on delaying early birth among adolescent girls: findings from a formative evaluation in rural Bangladesh	English	<ul style="list-style-type: none"> Analysis of formative evaluation results in Bangladesh, with attention to the underlying social, individual and structural factors influencing married girls' early first birth and participation in alternative opportunities (such as education or economic pursuits).
<i>Project Briefs</i>		
IMAGINE Overview	English, French	<ul style="list-style-type: none"> Overview of the IMAGINE project
IMAGINE Component Brief: Girls' Collectives	English	<ul style="list-style-type: none"> 1-page overview of the Girls' Collective component of IMAGINE
IMAGINE Component Brief: Engaging Men and Boys through Fada Groups	English	<ul style="list-style-type: none"> 1-page overview of the Fada component of IMAGINE
IMAGINE Component Brief: Community Social Analysis and Action	English	<ul style="list-style-type: none"> 1-page overview of the community Social Analysis and Action component of IMAGINE
IMAGINE Component Brief: Livelihoods Training	English	<ul style="list-style-type: none"> 1-page overview of the vocational training and market linkage component of IMAGINE
IMAGINE Component Brief: Health Worker Transformation	English	<ul style="list-style-type: none"> 1-page overview of the health worker transformation component of IMAGINE
Research brief: Learnings from conducting market analyses for married adolescent girls in two countries	English	<ul style="list-style-type: none"> Provides an overview of the market research process, led by MarketShare Associates (MSA) and CARE staff, including key findings.
Fadas IMAGINE : Acteur du changement dans le cadre du soutien aux adolescentes (15-19 ans) mariées nullipares pour le choix d'un moment opportun pour la 1ère naissance	French	<ul style="list-style-type: none"> Report on the fada component of IMAGINE, including approach and learnings to date

Blog posts

Why the rush? – understanding early marriage and childbearing in rural Bangladesh	English	<ul style="list-style-type: none">• Overview of formative data around early marriage and childbearing collected in Bangladesh.
Harnessing the market systems approach to delay first birth among married adolescents	English	<ul style="list-style-type: none">• Overview of market analysis process conducted during the formative research period.