

# CARE Ukraine Crisis Update

MARCH 28, 2022

## Ukrainian Exodus: refugees share their harrowing stories

Most of the Ukrainian refugees are women, children, and the elderly. More people stream into Poland, Romania, Slovakia, and Moldova with each passing day. Ukrainians have demonstrated extraordinary resilience, and neighboring countries have embraced them with a generosity not often granted.

However, more than one month into the conflict the resources of nearby countries are beginning to deplete. **Through the generosity of its donors, CARE is working through partners in Poland, Moldova, Romania and Ukraine to provide immediate relief and aid in the form of food, shelter, blankets, diapers, and hygiene products as well as food, water, cash, and psychosocial support. All activities have a strong gender focus.**

[Read more here](#)

**Thank you for enabling CARE to support Ukrainian refugees during this crisis.**



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## POLAND

### A third-country national fears he will be separated from his family

Williams (pictured above) came from Ghana to study and then work in Ukraine, where he met his wife Airapetryan Sattennilc, 27. The couple has two young children, Martin, 7, and Richard, 1. Though they are now together in a Polish shelter in the town of Przemsyl, the family has already been separated once while trying to flee the Russian advance. Eventually they were reunited and were able to catch the Lviv-Pzermysl train across the Polish border.

## ROMANIA

### Three generations of women find shelter in Sighet

Oleksandra, 81, her daughter Elena, 53, and granddaughter Vika, 22, sip hot tea in a safe shelter designed for disabled people established by CARE's Romanian partner, Star of Hope, at the Sighet border crossing. Oleksandra suffers from Type 2 Diabetes and completed the final leg of their journey to the border in a wheelchair provided by volunteers.



## ROMANIA

### A difficult decision

**"Long Live Ukraine! This is how we now salute and greet each other in the street."** Lydia (pictured above), a 64-year-old widow, and her friend Sylvia, 73, fled to Romania from Nikolaev in southern Ukraine with Sylvia's husband. They are staying in the same Bucharest shelter as Nadya (described to the right). The decision to leave was very difficult for Lydia since the rest of her family has chosen to remain in Ukraine. She only left at the urging of her children.

## POLAND

### Sleep replaced with panic

In early March, Tatiana Ganchou, 62, a Ukrainian refugee, joined millions of others making their way to Poland ahead of the Russian advance. But this was not the first time Tatiana was abruptly forced from her home. In 1986, she was a young girl living in Pripjat, the city closest to the Chernobyl nuclear plant. When the core melted and released an enormous amount of radioactive material, such as corium, uranium, and plutonium, her family was part of a massive exodus.

## ROMANIA

### Longing for war's end

**"But I wonder when the war will end and I can return to see my friends."** Nadya sits in a crowded Bucharest shelter considering her future, after escaping Odessa with her mother, Nga, her aunt Hanh, cousin Katya, and her mother's friend, Dung. Like most 15-year-olds Nadya is already missing her friends.





# By the numbers



**3,725,806**

refugees fleeing  
Ukraine since Feb. 24<sup>1</sup>



**6.5 million**

internally displaced<sup>3</sup>

## Neighboring countries receiving refugee influx:<sup>2</sup>

1. Poland: **2.20M**
2. Romania: **573K**
3. Moldova: **377K**
4. Hungary: **337K**
5. Russian Federation: **271K**
6. Slovakia: **264K**
7. Belarus: **6K**

**1,650**

civilians  
injured<sup>4</sup>

**64**

incidents at  
healthcare  
facilities<sup>5</sup>

**548**

incidents at  
education  
facilities<sup>6</sup>

**80,000**

women in Ukraine  
expected to give birth  
in next three months<sup>7</sup>

### SOURCES

<sup>1</sup>UN High Commissioner for Refugees (UNHCR), March 24, 2022, <sup>2</sup>UN High Commissioner for Refugees (UNHCR), March 24, <sup>3</sup>UN International Organization for Migration (IOM), March 16, <sup>4</sup>UN Office for the Coordination of Humanitarian Affairs (UNOCHA), March 24, <sup>5</sup>World Health Organization (WHO), March 23, <sup>6</sup>Multiple sources, March 23, <sup>7</sup>CARE, multiple sources, March 24

### DONATE NOW

CARE partners are on the borders of Ukraine in Poland, Romania, and Moldova to meet families fleeing war with emergency aid.

