In 1946, with Europe in ruins, CARE delivered the world’s first CARE Packages® of food for those who had nothing to eat. Two years later, when Soviet forces blockaded rail, road, and water access to Allied-controlled areas of Berlin, CARE provided more than 60% of all the food that was delivered in the blockaded zones. When history repeats itself, so does CARE, and so do donors like you.

Today, CARE is working to assist those living in the midst of conflict in Ukraine with supplies, meals, and livelihoods. In this issue, we report on how your donations are hard at work to make a difference for those in need of help.
CARE staffers in Poland: CEO, board members visit Ukrainian refugees

On April 14, CARE USA CEO Michelle Nunn landed in Poland with three CARE USA board members, Glenn Hutchins, Bill Mosakowski, and Richard Stengel. The group spent the next four days visiting the border region, where refugees are still crossing in large numbers, as well as CARE Poland’s operations in Warsaw.

For Nunn, the four-day visit led to four concluding thoughts, which she shared with her fellow travelers, as well as on social media, at the conclusion of the trip:

1. “The suffering of people in Eastern Ukraine is simply devastating. We bore witness to the elderly, disabled, and most vulnerable now crossing borders. This next wave of refugees has suffered greatly and will need more intensive psycho-social, monetary, and other forms of support.

2. We need to proactively invest in the capacity of border countries like Poland to successfully integrate refugees. The enormous generosity of people like those in Poland needs to be bolstered by mid- and long-term infrastructure support. The CARE/PCPM partnership to hire refugee teachers is a perfect example. [See next story, page 3] This program and others should be dramatically scaled up.

3. With 90% of Ukrainian refugees composed of women and children, we must ensure the response is centered in an understanding of the risks and vulnerabilities of women. For example, 80,000 Ukrainian women will give birth in the next three months. Considerations include maternal health and family planning, as well as protection from trafficking and gender-based violence. To accomplish this it’s crucial to invest in women’s leadership and organizations.

4. In a context of unprecedented global food insecurity compounded by the Ukraine conflict’s impact on global supply chains, adequately funding humanitarian appeals is, more than ever, a matter of life and death. We cannot take our eyes off the looming hunger crises before us, and other humanitarian disasters like Yemen, Afghanistan, and DRC. CARE continues to raise funds to support poor families in need all around the world so that they have enough to eat and to advocate with governments to protect access to food.”

Michelle Nunn: hiring refugee teachers has great promise

“I was so inspired within the first few hours of my visit to Poland,” said Michelle Nunn, CARE USA CEO, reflecting on her April 14-17 Poland visit. “We started with a visit to see the simple yet transformational project to hire Ukrainian refugees who are teachers.

Imagine that you are an administrator of a school district in Warsaw with 200,000 kids and you are just breathing a sigh of relief after Covid, and then, within a matter of a few weeks, 15,000 kids speaking Ukrainian stream into your school system. This is what school administrators all over Poland are facing.

“So what can help? An infusion of hundreds of trained teachers who speak Ukrainian. This works in three ways:

1. Children who have left everything can be taught by teachers who speak their language.

2. Refugee teachers gain work and financial stability.

3. An overburdened school system can more effectively manage a surge of new children.

“By the end of this month, in partnership with the Warsaw school district, CARE and partner Polskie Centrum Pomocy Międzynarodowej (PCPM) hope to have engaged more than 1,000 Ukrainian teachers. In a time of enormous challenge, this is an initiative that is all about hopeful action.

“On my trip I met one remarkable teacher, Liudmyla Slastonis, who faces an extraordinary set of challenges for her own family and for the kids that she so clearly loves. She told us of leaving everything when she fled Kharkiv in Eastern Ukraine with her 13-year-old daughter. She said that despite the bombs and the fear, her daughter did not want to leave.

“Liudmyla also talked about how her “other” children – those in her classroom – were spread around Europe, but almost half were still in Ukraine. She has regular informal Zoom chats with those that have online access to provide the psychological comfort and connection they all desperately need. She encourages them so well, asking them not to focus only on what they have lost, but in her words, asking them to think about what they have gained.”

Their answers? “We have come together as a community.” “We have unified as a nation.” “We are seeing new places.” Only a powerful teacher could help children find solace and discovery in the experience of losing so much.”

“In a time of enormous challenge, this is an initiative that is all about hopeful action.”

– Michelle Nunn
Convoy delivers humanitarian aid within Ukraine

Less than two weeks ago, thanks to a partnership between the Slovenian Red Cross and CARE, a convoy of six trucks delivered humanitarian aid to people in key cities across Ukraine.

The trucks arrived at the Ukrainian Red Cross logistics center in western Ukraine, in the city of Uzhhorod, and their contents were then distributed – on the same day – to Kharkiv, Sumy, Kiev, Chernivtsi and other cities in eastern Ukraine. From there it was distributed by volunteers and employees to the affected population, especially those who have had to leave their homes and are displaced in accommodation centers and temporary shelters.

The aid delivered will provide more than 112,000 adult meals and included:

- 25,000 liters of water
- 55 tons of food, composed of:
  - canned goulash and tuna,
  - pasta, rusks (hard biscuits), cookies, and cereal bars,
  - more than 29,000 fruit purees for children, and
  - 40,000 containers of baby formula.

While this is the first aid-truck convoy CARE has helped make possible, it is the seventh sent by the Slovenian Red Cross.

DONATE NOW care.org/ukraine

BY THE NUMBERS

5,232,014
refugees fleeing Ukraine since Feb. 24
(Up 6.03% from last week)

7.7 million
internally displaced
(Up 8.45% from April 1 update)

Neighboring countries receiving refugee influx:

1. **Poland**: 2.91M
   (Up 4.68% from last week)
2. **Romania**: 778K
   (Up 4.57%)
3. **Russian Federation**: 606K
   (Up 16.09%)
4. **Hungary**: 493K
   (Up 6.71%)
5. **Moldova**: 434K
   (Up 2.36%)
6. **Slovakia**: 356K
   (Up 5.64%)
7. **Belarus**: 24K
   (Up 4.34%)

2,946
civilians injured
(Up 11.13% from last week)

164
healthcare facilities damaged or destroyed
(Up 20.59% from last week)

1,138
education facilities damaged or destroyed
(Up 18.91% from last week)

SOURCES
1. UN High Commissioner for Refugees (UNHCR), April 24, 2022
2. International Organization for Migration, April 17
3. UN Human Rights Office (OHCHR), April 25
4. World Health Organization (WHO), April 21
5. Multiple Sources, April 21