WHO WE ARE

We are a community of passionate, globally-minded individuals who believe in justice and equality for all. Together, we speak up alongside marginalized and vulnerable populations around the world to ensure their voices are heard and needs are met.

WHAT WE DO

Through the power of our collective action, we urge U.S. leaders to pass policy reforms that foster strong, resilient communities, promote lasting solutions to poverty, and save lives globally. Everything we do centers on women and girls — their potential, their leadership, and their unique needs — because we cannot overcome poverty until all people have equal rights and opportunities.

OUR IMPACT

In 2023, CARE worked in 111 countries, reaching more than 174 million people through 1,600 projects. CARE Action and its advocates have championed numerous policy wins with support from both sides of the aisle. We’ve made progress on food and nutrition security, women’s empowerment, global funding, and more. These policy reforms ensure that current and future generations will benefit from the changes we make today.

JOIN US

As part of our advocate community, you can:

- Meet with Members of Congress in-district and on Capitol Hill to advocate for legislation.
- Send personalized emails to your representatives expressing support for our key issues.
- Raise awareness in your community by hosting local events or publishing compelling letters to the editor.

WHERE WE FOCUS

- **Gender and Empowerment**
  We uphold women’s and girls’ rights. Including them in decision-making is key to overcoming poverty for all.

- **Food and Nutrition**
  We equip local farmers with resources and training to sustainably produce enough food now and in the future so no one in the world goes to bed hungry.

- **Women’s Health**
  We champion women’s rights to access affordable healthcare and make informed choices about if, when, and how many children to have.

- **Humanitarian Emergencies**
  We defend and protect the rights of the most vulnerable during crisis or conflict with U.S. leaders who can aid in response efforts.

- **Foreign Assistance Budget**
  We advocate for robust U.S. funding that keeps up with global needs and creates a safer, more prosperous world for everyone.

Connect in Seconds

Scan the QR code to join CARE’s advocate community. We will be in touch to learn more about you and share personalized actions!